

## GIRL SCOUT COOKIE SALE

# It's In The Bag Goal Game

It's In The Bag is a great “learn by doing” activity for girls to experience the value of goal setting.

Here's how to play:

- Label three paper bags with a point value: 5 points, 10 points, 15 points.
- Set the bags in a line on a table with the point value turned away from the group of players.  
Turn the tops down to make a “cuff” to make the bags more stable.
- Give each player a small item such as a wrapped peppermint candy, clothespin or large paper clip to use as a game piece.
- Each player takes turns tossing her game piece into one of the bags. Make sure that only one player tosses her game piece at a time and that all of the other players stand behind her. The players should not be able to see the point value on the bag.
- After all players have tossed their objects, turn the bags around to expose the point value.
- Ask the players if they would have tossed their objects into a different bag if they had known how many points the different bags were worth. Discuss how knowing what you are aiming for in advance helps you to be more successful. Explain that goal setting helps you determine what you want to achieve, in the cookie activity and in life.

